



Southwest High School Trojans

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2017 Green Bay Southwest Cross Country Invite

Welcome to the 19th annual **Trojan Invitational CC Meet** - Thursday, September 7, 2017

Teams: Appleton North, Ashwaubenon, Bay Port, De Pere, Freedom, Green Bay Southwest, Kimberly, Lux-Casco, Menasha, Neenah, Notre Dame, Plymouth, Pulaski, Sheboygan North, Sheboygan South

Entries: We will be using the Neenah High School timing system for the meet again this year..
See attachment for entry form, deadlines, as well as who to contact with questions.

Location: Colburn Park in Green Bay - from West Mason Street going east, turn right at Fisk Street, go two Blocks, then left at Colburn Park.

Parking: Go to the left as you enter the park for bus parking. Cars may park either to the left or right.

Starting Times:

3:45 - Coaches Meeting (at Start Line)
4:00 - Girls JV
4:40 - Boys JV
5:20 - Girls Varsity
5:50 - Boys Varsity
Awards Presentation to follow

Distances: Girls: 5,000 meters (Record 18:40.4 by Kailyn Jessel of Pulaski 2014)
Boys: 5,000 meters (Record: 15:35.26 by Elliot Krause of Appleton North 2007)

Awards: Plaque for Boys and Girls Varsity meet champion
Medals: Places 1-20 Boys and Girls Varsity and JV

Entry Fee: \$180—payable to **Green Bay Southwest**

- We will run eight varsity runners and unlimited JV runners
- Spikes are allowed
- Please bring ICE for your athletes!

Long sleeve t-shirts will be available for \$15.....Short sleeve will be \$10.00

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