



# Southwest High School Trojans

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## 2016 Green Bay Southwest Cross Country Invite

Welcome to the 18th annual **Trojan Invitational CC Meet** - Thursday, September 8, 2016

**Teams:** Appleton North, Ashwaubenon, Bay Port, De Pere, Green Bay Southwest, Kimberly, Lux-Casco  
Menasha, Neenah, Notre Dame, Plymouth, Pulaski, Sheboygan North, Sheboygan South

**Entries/Results:**

We will be using the Neenah High School timing system for the meet this year (they now have chip timing).  
See attachment for entry form, deadlines, as well as who to contact with questions.

**Location:** Colburn Park in Green Bay - from West Mason Street going east, turn right at Fisk Street, go two  
Blocks, then left at Colburn Park.

**Parking:** Go to the left as you enter the park for bus parking. Cars may park either to the left or right.

**Starting Times:**

3:45 - Coaches Meeting (at Start Line)  
4:00 - Girls JV  
4:40 - Boys JV  
5:20 - Girls Varsity  
5:50 - Boys Varsity  
Awards Presentation to follow

**Distances:** Girls: 5,000 meters (Record 18:40.4 by Kailyn Jessel of Pulaski 2014)  
Boys: 5,000 meters (Record: 15:35.26 by Elliot Krause of Appleton North 2007)

**Awards:** Plaque for Boys and Girls Varsity meet champion  
Medals: Places 1-15 Boys and Girls Varsity and JV

**Entry Fee:** \$175—payable to **Green Bay Southwest**

- We will run eight varsity runners and unlimited JV runners.
- The boys and girls start and finishes are the same.
- Spikes are allowed.

*Long sleeve t-shirts will be available for \$15.....Short sleeve will be \$10.00*